



**February 4, 2024**

**10:00 am**

## **5<sup>TH</sup> SUNDAY AFTER EPIPHANY**

**Facebook Live/Virtual**

**[www.facebook.com/](http://www.facebook.com/HTLCBellerose)**

**HTLCBellerose**

**We are blessed that you  
have joined us today.**

### **Notes on worship:**

**BOLD type = people of God =You**

Regular type = leader

*Italic type = directions or explanations*

### **Introduction to the Day**



In Isaiah the one God who sits above the earth and numbers the stars also strengthens the powerless. So in Jesus' healing work we see the hand of the creator

God, lifting up the sick woman to health and service (*diakonia*). Like Simon's mother-in-law, we are lifted up and healed to serve. Following Jesus, we strengthen the powerless; like Jesus, we seek to renew our own strength in quiet times of prayer.

### **WELCOME**

Welcome to worship at Holy Trinity Lutheran Church in Bellerose! We are so glad that you are here to worship with us either in person or online. **If you are seeking a church to call home, welcome and we hope you find the comfort of Christ's Beloved Community here.** If Pastor Analyse or the Prayer Team can provide any care for you at present, please reach out in person or at [pastoranalyse@holytrinitybellerose.org](mailto:pastoranalyse@holytrinitybellerose.org) or the church office at [office@holytrinitybellerose.org](mailto:office@holytrinitybellerose.org).

**~Please stand as you are able~**

### **Confession and Forgiveness**

Blessed be the holy Trinity, ✠ one God,  
creator of darkness and light,  
word of truth,  
wind sweeping over the waters.

**Amen.**

Let us confess our sin in the presence of God  
and of one another.

*Silence is kept for reflection.*

God, our rock and refuge,

**we pour out our hearts before you.**

**We have known you but have not always  
loved you.**

**We have wounded one another  
and sinned against you.**

**We have not always recognized the Holy  
Spirit**

**dwelling in each of us.**

**Remember your covenant.**

**Renew your creation.**

**Restore us,**

**that we might proclaim your good news to  
all.**

**Amen.**

The voice of the Lord is upon the waters.

God has spoken:

The time of grace is now.

In Jesus, the reign of God has come near.

By the authority of ✠ Jesus Christ,  
your sins are forgiven.

You are God's beloved.

**Amen.**

**GATHERING HYMN** ELW 617 vs 1, 3, 4, 5  
We Come To You For Healing, Lord

- 1 We come to you for healing, Lord,  
of body, mind, and soul, and pray that by  
your Spirit's touch  
we may again be whole.**
- 3 You touch us through physicians' skills,  
through nurses' gifts of care,  
and through the love of faithful friends  
who lift our lives in prayer.**
- 4 When nights are long with wakefulness,  
through days when strength runs low,  
grant us your gift of patience, Lord,  
your calming peace to know.**

**5 We come to you, O loving Lord,  
in our distress and pain,  
in trust that through our nights and days  
your grace will heal, sustain.**

### **GREETING**

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

**And also with you.**

### **HYMN OF PRAISE      W&P 13**

Our God Is An Awesome God

**Our God is an awesome God,  
he reigns from heaven above  
with wisdom pow'r, and love –  
our God is an awesome God!**

**Our God is an awesome God,  
he reigns from heaven above  
with wisdom pow'r, and love –  
our God is an awesome God!  
our God is an awesome God!  
our God is an awesome God!**

### **PRAYER OF THE DAY**

Let us pray.

Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord.

**Amen.**

***~Please be seated~***

### **First Reading: Isaiah 40:21-31**

*The Judeans in exile have a good reason to be hopeful: the one who will bring them to freedom is the God who created the world, the God who subdues the rulers of the earth and gives strength to those who are weary.*

The first reading is from Isaiah beginning at the fortieth chapter.

<sup>21</sup>Have you not known? Have you not heard?

Has it not been told you from the beginning?

Have you not understood from the

foundations of the earth?

<sup>22</sup>It is he who sits above the circle of the earth,

and its inhabitants are like grasshoppers;  
who stretches out the heavens like a curtain,  
and spreads them like a tent to live in;

<sup>23</sup>who brings princes to naught,  
and makes the rulers of the earth as nothing.

<sup>24</sup>Scarcely are they planted, scarcely sown,  
scarcely has their stem taken root in the earth,

when he blows upon them, and they wither,  
and the tempest carries them off like stubble.

<sup>25</sup>To whom then will you compare me,  
or who is my equal? says the Holy One.

<sup>26</sup>Lift up your eyes on high and see:

Who created these?

He who brings out their host and numbers them, calling them all by name;

because he is great in strength,  
mighty in power,  
not one is missing.

<sup>27</sup>Why do you say, O Jacob,  
and speak, O Israel,

“My way is hidden from the LORD,  
and my right is disregarded by my God”?

<sup>28</sup>Have you not known? Have you not heard?

The LORD is the everlasting God,  
the Creator of the ends of the earth.

He does not faint or grow weary;  
his understanding is unsearchable.

<sup>29</sup>He gives power to the faint,  
and strengthens the powerless.

<sup>30</sup>Even youths will faint and be weary,  
and the young will fall exhausted;

<sup>31</sup>but those who wait for the LORD shall  
renew their strength,

they shall mount up with wings like eagles,  
they shall run and not be weary,  
they shall walk and not faint.

Word of God, word of life.

**Thanks be to God.**

### **PSALM 147:1-11, 20c**

We will now read responsively from Psalm 147.

<sup>1</sup>Hallelujah! How good it is to sing praises to our God! How pleasant it is to honor God with praise!

<sup>2</sup>**The LORD rebuilds Jerusalem,  
and gathers the exiles of Israel.**  
<sup>3</sup>The LORD heals the brokenhearted  
and binds up their wounds.  
<sup>4</sup>**The LORD counts the number of the stars  
and calls them all by their names.**  
<sup>5</sup>Great is our LORD and mighty in power;  
there is no limit to God's wisdom.  
<sup>6</sup>**The LORD lifts up the lowly,  
but casts the wicked to the ground.**  
<sup>7</sup>Sing to the LORD with thanksgiving;  
make music upon the harp to our God,  
<sup>8</sup>**who covers the heavens with clouds  
and prepares rain for the earth, making  
grass to grow upon the mountains.**  
<sup>9</sup>God provides food for the cattle  
and for the young ravens when they cry.  
<sup>10</sup>**God is not impressed by the might of a  
horse,  
and has no pleasure in the speed of a  
runner,  
<sup>11</sup>but finds pleasure in those who fear  
the LORD,  
in those who await God's steadfast love.**  
<sup>20c</sup>**Hallelujah!**

**SECOND READING 1 Corinthians 9:16-23**  
NRSV

*God entrusted Paul with the responsibility of bringing the gospel to diverse people. Hence the focus of Paul's ministry is not his own rights or privileges as an apostle but the privilege of serving God by freely sharing the good news of Christ with others.*

The second reading is from first Corinthians beginning at the 9<sup>th</sup> chapter.

<sup>16</sup>If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! <sup>17</sup>For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. <sup>18</sup>What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

<sup>19</sup>For though I am free with respect to all, I have made myself a slave to all, so that I might

win more of them. <sup>20</sup>To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. <sup>21</sup>To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. <sup>22</sup>To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. <sup>23</sup>I do it all for the sake of the gospel, so that I may share in its blessings.

Word of God, word of life.

**Thanks be to God.**

**~Please stand as you are able~**

**THE HOLY GOSPEL Mark 1:29-31 NRSV**

*Everywhere Jesus goes, many people expect him to set them free from oppression. Everywhere he goes, he heals people and sets them free. Disease, devils, and death are running for their lives. The forces that diminish human life are rendered powerless by Jesus.*

The Holy Gospel according to Mark beginning at the 1<sup>st</sup> chapter.

**Glory to you, O Lord.**

<sup>29</sup>As soon as Jesus and the disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. <sup>30</sup>Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. <sup>31</sup>He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

<sup>32</sup>That evening, at sunset, they brought to him all who were sick or possessed with demons. <sup>33</sup>And the whole city was gathered around the door. <sup>34</sup>And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

<sup>35</sup>In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. <sup>36</sup>And Simon and his companions hunted for him. <sup>37</sup>When they found him, they said to him, "Everyone is searching for you." <sup>38</sup>He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out

to do.” <sup>39</sup>And he went throughout Galilee,  
proclaiming the message in their synagogues  
and casting out demons.  
The Gospel of the Lord.  
**Praise to you, O Christ.**

*~Please be seated~*

## **CHILDREN’S MESSAGE**

### **SERMON**

*~Please stand as you are able~*

**HYMN OF THE DAY** ELW #858 vs 1, 3 & 4  
Praise to the Lord, the Almighty

**1 Praise to the Lord, the Almighty,  
the King of creation!  
O my soul, praise him, for he is your  
health and salvation!  
Let all who hear now to his temple draw  
near, joining in glad adoration!**

**3 Praise to the Lord, who will prosper your  
work and defend you;  
surely his goodness and mercy shall daily  
attend you.  
Ponder anew what the Almighty can do  
if with his love he befriend you.**

**4 Praise to the Lord! Oh, let all that is in me  
adore him!  
All that has life and breath, come now with  
praises before him!  
Let the amen sound from his people again.  
Gladly forever adore him!**

### **THE APOSTLES’ CREED**

Let us confess our faith saying the words of the  
Apostles’ Creed.

**I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ,  
God’s only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;**

**he ascended into heaven,  
he is seated at the right hand of the  
Father, and he will come to judge the  
living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

*~Please remain standing as you desire,  
otherwise please be seated~*

### **PRAYERS OF THE PEOPLE**

As we celebrate Christ embodied in human  
form, we pray for God’s blessing on the church,  
the world, and all of creation.

*A brief silence.*

Everlasting God, you bring your healing power  
to the church. Give your church a spirit of unity  
and prayer, that we discern your way for us in  
the world. God of grace,  
**receive our prayer.**

Creator of the ends of the earth, you make the  
grass grow and send rain for the soil. Bring  
your creation into harmony and balance. Give  
animals their food and provide healthy shelter  
for your people. Inspire us to honor the  
miraculous beauty of all you have made. God  
of grace,  
**receive our prayer.**

God without equal, your steadfast love endures  
forever. Bring the leaders, elected officials, and  
peacekeepers of our towns and countries into  
understanding and unity. Guide them to serve  
with compassion and understanding. God of  
grace,

**receive our prayer.**

God who strengthens, you lift up with your  
hand any who are suffering. Heal those who  
are brokenhearted and strengthen the weak  
and all in need *especially Bob Sarro, Janice  
Rajgopaul, Joseph Gallagher, Betty Innella,  
Dennis Aragona, Susan Henyan, Jackie Budds,  
Kenny Budds, Gloria Munsch, Christine, Daniel  
and Linda, Linda Lago, Anil Sharma, Ruth,  
Rosetta Fiorella.* God of grace,  
**receive our prayer.**

God who gives power to the faint, challenge us to share the faith stories of what God has done in our lives. Open us to receive the unique ways God is at work in your people, especially those whose perspectives challenge our own.

God of grace,

**receive our prayer.**

Liberating God, you give us an example of holy living. We rejoice in your justice. End racism and oppression in our world. Deliver all who are unjustly imprisoned or persecuted.

Reconcile nations and peoples in conflict. Help us pray for our enemies. God of grace,

**receive our prayer.**

God who calls each star by name, we remember all who have died. Shelter all who mourn with your mercy and care, and give us hope in your promised salvation. God of grace,

**receive our prayer.**

Knowing the Holy Spirit intercedes for us, we offer these prayers and the silent prayers of our hearts in the name of our Savior, Jesus Christ.

**Amen.**

### **SHARING OF CHRIST'S PEACE**

The peace of the Lord be with you always!

**And also with you!**

*Let us share a sign of Christ's peace with one another. (In the method of your comfort level.)*

*~Please be seated~*

### **OFFERING**

### **MUSICAL OFFERING**

*~Please stand as you are able~*

**OFFERTORY HYMN** ELW #314 vs 1, 3, 4  
Arise, Your Light has Come!

**1 Arise, your light has come!  
The Spirit's call obey;  
show forth the glory of your God  
which shines on you today.**

**3 Arise, your light has come!  
All you in sorrow born,  
bind up the brokenhearted ones  
and comfort those who mourn.**

**4 Arise, your light has come!  
The mountains burst in song!  
Rise up like eagles on the wing,  
God's pow'r will make us strong.**

### **OFFERTORY PRAYER**

Let us pray.

Blessed are you, Holy One,  
for all good things come from you.

In bread and cup you open heaven to us.

Meet us at this table,

that we receive what we seek

and follow your Son, Jesus,

in whose name we pray.

**Amen.**

### **THE GREAT THANKSGIVING**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God

**It is right to give our thanks and praise.**

### **PREFACE**

It is indeed right our duty and our joy that we should at all times and in all places offer thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who on this day overcame death and the grave and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven we praise your name and join their unending hymn:

### **HOLY, HOLY, HOLY**

**Holy, holy, holy Lord, God of pow'r and  
might; Heav'n and earth are full of your  
glory. Hosanna. Hosanna. Hosanna in the  
highest. Blessed is he who comes in the  
name of the Lord, Hosanna in the highest.**

### **EUCCHARISTIC PRAYER**

In the night in which he was betrayed, our Lord Jesus took bread, gave thanks broke it, and gave it to his disciples, saying:

Take and eat; this is my body, given for you.

Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying:

This cup is the new covenant in my blood,  
shed for you and for all people for the  
forgiveness of sin. Do this for the  
remembrance of me.

Remembering, therefore, his birth and life  
among us, his death and resurrection, we await  
his coming again when all things will be  
restored in him.

By your Spirit bless us and this bread and cup,  
that, held and nourished by you, we may live  
as your children, shining with the light of your  
Son.

Through him all glory and honor is yours,  
Almighty Father, with the Holy Spirit, in your  
holy Church, both now and forever. **Amen.**

### **LORD'S PRAYER**

Lord, remember us in your kingdom and teach  
us to pray:

**Our Father, who art in heaven, hallowed be  
thy name, thy kingdom come, thy will be  
done, on earth as it is in heaven.**

**Give us this day our daily bread; and  
forgive us our trespasses, as we forgive  
those who trespass against us; and lead us  
not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory, forever and ever. Amen.**

*~Please be seated~*

### **COMMUNION**

*All are welcome to the Lord's Table. We receive  
communion in the form of a wafer and a small cup  
of wine or grape juice. Please tell the ushers if you  
need the bread and wine brought to you. If you are  
not yet receiving communion, or do not wish to  
receive today, please come forward and cross your  
arms over your chest to receive a blessing. Follow  
the usher's directions.*

### **INVITATION TO COMMUNION**

At Jesus' table, heaven and earth  
are joined as one.  
Come and see.

### **COMMUNION HYMN ELW #612 vs 1, 3, & 4** Healer of Our Every Ill

*Refrain*

***Healer of our ev'ry ill,  
light of each tomorrow,  
give us peace beyond our fear,  
and hope beyond our sorrow.***

- 1 You who know our fears and sadness,  
grace us with your peace and gladness;  
Spirit of all comfort, fill our hearts.**

*Refrain*

- 3 Give us strength to love each other,  
ev'ry sister, ev'ry brother;  
Spirit of all kindness, be our guide.**

*Refrain*

- 4 You who know each thought and feeling,  
teach us all your way of healing;  
Spirit of compassion, fill each heart.**

*Refrain*

**~Please stand as you are able~**

### **TABLE BLESSING & COMMUNION PRAYER**

The body and blood of our Lord Jesus Christ  
strengthen you and keep you in his grace.  
**Amen.**

Let us pray.

Giver of every gift,

Christ's body is our food, and we are Christ's  
body.

Raise us to life by your power  
for the benefit of all and to your glory,  
now and forever. **Amen.**

**~Please be seated.~**

### **ANNOUNCEMENTS**

**~Please stand as you are able.~**

### **BLESSING**

God who names you,  
Christ who claims you,  
and the Holy Spirit who dwells in you,  
✠ bless you and remain with you always.  
**Amen.**

**SENDING HYMN** ELW #434 vs. 1, 3 & 4  
Jesus Shall Reign

- 1 I'm so glad Jesus lifted me.  
I'm so glad Jesus lifted me.  
I'm so glad Jesus lifted me,  
singing glory, hallelujah! Jesus lifted me.
- 3 When I was in trouble, Jesus lifted me.  
When I was in trouble, Jesus lifted me.  
When I was in trouble, Jesus lifted me,  
singing glory, hallelujah! Jesus lifted me.

### **DISMISSAL**

What is our Mission? **Welcoming all to grow in faith; living Christ's message of serving and loving neighbors near and far.**  
Go in peace. You are God's beloved.  
**Thanks be to God.**

***Thank you for worshipping  
with us today. We are blessed by  
your presence.***

## ***ANNOUNCEMENTS & COMING EVENTS***

**IN PERSON SERVICES** every Sunday Live and via Facebook Live @ 10:00 am. You don't have to belong to Facebook to watch. Video will also be available on our interactive bulletin at: [holytrinitybellerose.wordpress.com](http://holytrinitybellerose.wordpress.com).

### **SHROVE TUESDAY**

Shrove Tuesday Pancake Dinner will take place on Tuesday, February 13<sup>th</sup> at 6pm. \$10/person or \$25/family of 4. Kids under 5 eat free!

### **ASH WEDNESDAY**

We will hold Ash Wednesday service on Wednesday, February 14<sup>th</sup> at Noon. We will also have a time for people to walk-in and receive ashes and a blessing from Pastor Analyse (**No** Service) from 7pm-8pm.

### **LENTEN BIBLE STUDY**

Lenten Bible study will continue through Monday, March 18<sup>th</sup> at 10am and 7 pm.

We are discussing the Gospel of Mark. Books are \$11. See the signup sheet in the narthex.

### **COUNCIL MEETING**

Next meeting February 6 @ 7:30 pm.

### **YOUTH GROUP**

The youth meet twice a month on the first and third Saturday's from beginning at 6:30 pm. Contact Diane Gilroy for more information.

### **ALTAR GUILD**

Looking for volunteers to help Denice & Pastor Analyse with Altar Guild responsibilities.

### **WOMEN'S GROUP**

This group is women getting together to discuss relevant topics and books, spend time uplifting and supporting each other. Meetings are on the third Wednesday of each month from 7-9 pm. All are welcome. **Next meeting- February 28th** - Dips & Discussion - topic to be Healthy Living/Life Balance. March-Mitch Albom's book "The Stranger in the Lifeboat." Any questions contact Carol Robinson or Denice Watkins.

### **PINECREST REGISTRATION**

Pinecrest registration for the 2024 session is now open!!! Camp will be August 4-10, 2024 for campers ages 15-26. The cost for camp is \$450 (Holy Trinity provides a half scholarship for new campers), and veteran campers can go for the same price through June 1, after which the price will increase to \$475. Sign up at

**<https://www.pinecrestllm.org/pinecrest-2024>**

Please reach out to Pastor Analyse if you have any questions. Pinecrest offers scholarships as well, the form for which can be found at the link above.

### **STAIRLIFT FUNDRAISER**

Help us lift you up! Our stairlift to the Sanctuary needs replacing. Our goal is \$3,700.00. Thank you for helping make HTLC more accessible.

### **VIDEOGRAPHER VOLUNTEERS NEEDED**

Learn a new skill. The camera is really user friendly. See Pastor for additional information.

### **YOGA PRACTICE**

Yoga, Thursdays, at 7 pm in the Friendship Hall. One hour for only \$10.

Contact Carol Robinson, 917-208-7340, for additional information.

### **BIRTHDAY CAKE SIGNUP SHEET FOR 2024**

June needed. See signup sheet in the narthex.

### **February Birthdays**

3 Tatyana Rajbali  
5 Sam Lewis  
5 Susan Downey  
5 Amelia Calderon

16 John & Gloria Daxland  
19 Diane Gilroy  
26 Mary Ng

# **HOLY TRINITY EVANGELICAL LUTHERAN CHURCH**

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Usher

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